

LIFESICK + SPLIT

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Datum	Freitag, 05.06.2026
Uhrzeit	Einlass: 19:00 Uhr, Beginn: 19:45 Uhr
Ort	Stellwerk Hannoversche Str. 85, 21079 Hamburg
Veranstalter	Stellwerk
Eintritt	VVK: 15 EUR (zzgl. VVK-Gebühr)
Tickets	www.tixforgigs.com/Event/74156
Event-Website	www.facebook.com/events/1795348274777316



Online ansehen:
www.sued-kultur.de

Zur Veranstaltung

Endstation Punk & CrewLiveBooking presents:

LIFESICK + SPLIT (Dänemark)

05.06.2026

Einlass: 19 Uhr

Genre: Death-Metalic / Hardcore

Vvk.: <https://www.tixforgigs.com/Event/74156>

Lifesick's hometown of Fredericia in Denmark was founded in 1650 as a giant fortress, at a time when the country was being continually battered by war and defeated by empire after empire. Although the Danish Realm is now among the world's most peaceful and prosperous places to live,

Lifesick are keen to alert us to the bitter conflict still raging in their hearts and minds. After three full-lengths of increasing weight and intensity, 2023's Love And Other Lies EP brought the band's sobering death-metallic hardcore to Metal Blade, where they have come of age with the kaleidoscopic fury and ironclad gloom of Loved By None, Hated By All. "Sometimes it feels like the more you give, the more they take," comments the band on that pessimistic title. "Over the last couple of years, I've given my all, but we've been knocked down time after time. That's what inspired me to write this title, and it resonates with most of the songs on the album. It fits perfectly with Lifesick's theme, which is and always will be about the roughness of living in today's world. Lifesick exists as it does because of the world as it is."

The song titles tell their own sad stories: Death Wish, Legacy Of Misery, Poems For My Funeral, The Mourning March... This is funeral doom levels of dejection, dispatched with therapeutically extreme levels of punk aggression and deathly brutality. "The lyrical content represents the most sincere and raw expression of my thoughts to date," the band affirms. "I don't hold back on my toughest times in life; every word is completely honest. This might shock some people and concern others, but much of it reflects my past, from various dark periods in my life. Although I still struggle with depression and mental health issues, these lyrics are drawn from notes I made in the moment. I believe it's important not to hide your worst times and to speak openly about them. I've always battled anxiety and depression, even since my days as a young punk. I've faced addiction numerous times, and my mind has wandered to places I never want to revisit. The past two years have been especially tough, but they've also provided me with plenty of material to write about. It's as if the more that bad things happen, the deeper we delve into this depressive Lifesick universe. While it's sad to think about, we also know that our songs bring joy and meaning, despite their tough and aggressive sound."

As with previous platters, the LP was recorded by Jacob Bredahl at his Dead Rat facility ("He understands our sound and knows how we want to record," notes the band, "and he's just easy to work with, which is crucial during a 10-day recording session when pressure and different tempers can arise"). This time Jacob's role expanded beyond engineering, helping to shape and revise new material before twiddling a single knob. "He came down to our rehearsal room where we played all the songs for him live, so he could add his touch to each song or edit stuff that we might have been a little blind to from playing the songs too much. This was the first time we did this, and it was very effective. It is definitely not the last time we will do it."

Even so, the responsibility for applying Lifesick's monomaniacal momentum to a more sophisticated and immersive sound, Ä¶

Beschreibung gekürzt – die vollständige Fassung finden Sie online (QR-Code oben).

Über den Veranstalter



Stellwerk

Einst als Jazzclub im September 2005 gestartet und seit 2012 ein allgemeiner Musik- & Kulturclub, liegt der Club im Süden Hamburgs und inmitten des Bahnhofs Harburg in einem alten Wartesaal, der auch lange als Simulations-Lehrstellwerk genutzt wurde. Der Club bietet jede Menge Live-Musik und deckt dabei auch Genres wie Comedy, Theater, Poetry etc. ab.

stellwerk-hamburg.de